


Design your perfect day



1 Design your perfect day

Design your perfect day! Think of the activities you want to include and how much time you need to spend on each one.

You can do it in your notebook or use this template:

Activity: Play tennis Time: 1h 	Activity: Duration:	Activity: Duration:	Activity: Duration:
Activity: Duration:	Activity: Duration:	Activity: Duration:	Activity: Duration:



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