

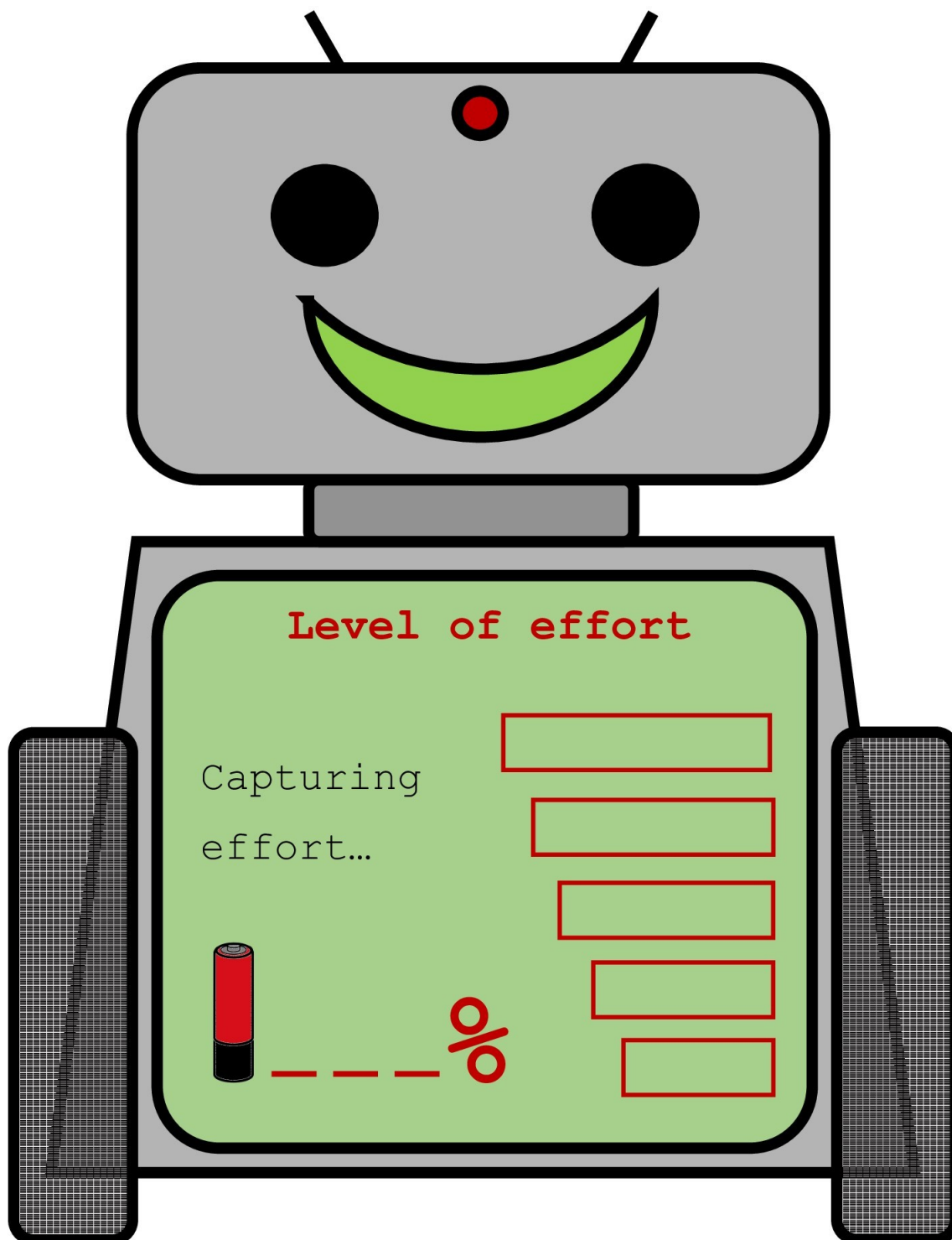
## SELF-ASSESSMENT OF EFFORT



# 1. EFFORT

- Colour 1 bar if you think you have barely made an effort (10%)
- Colour 2 bars if you think you can make a greater effort (30%)
- Colour 3 bars if you think you have made a good effort (60%)
- Colour 4 bars if you think you have tried very hard (80%)
- Colour 5 bars if you think you have tried your best (100%)

Write the quantity that corresponds to the number of bars





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